

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at [www.dofe.org.uk](#) and there is a range of exciting opportunities to help you complete this section at [www.dofe.org.uk](#).

It's our choice.

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to



Historical period re-enacting
Kite construction & flying
Mah Jongg
Marksmanship
Model construction & racing
Motor sports
Power boating
Snooker, pool & billiards
Sports appreciation
Sports leadership
Sports officiating
Table games
War games



Alternative therapies
Cookery
Democracy in action
Digital lifestyle
Driving: car maintenance/car
road skills
Driving: motorcycle maintenance/
road skills
Event planning
First aid – St John/St Andrew/
BRCS

